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ACNE POPS UP IN UNEXPECTED—AND UNPLEASANT—PLACES



Aesthera's Isolaz treatment offers the advantage of instant gratification, says Vic Narurkar, assistant clinical professor of dermatology at the University of California–Davis School of Medicine. Available in physicians' offices for \$250 to \$400, Isolaz suctions the skin to unclog pores while delivering broadband light to kill acne-causing bacteria immediately, for results "just like a cortisone injection," he says. Narurkar recently coauthored a study on the device in the *Journal of Drugs in Dermatology* that found that it reduced all types of acne (including whiteheads and cysts) by 50 percent in a single treatment and by 90 percent with two treatments, and results were usually maintained for three to six months. "We still recommend a series of three to four treatments, as patients will see improvements in pore size reduction, discoloration, and brown spots," he says.

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