



Beauty Adventures

We sampled five wedding-worthy treatments in the quest for head-to-toe perfection

THE ADVENTURE: Isolaz pore-clearing treatment

WHEN I WAS YOUNGER, I WAS TOLD MY OILY SKIN WAS A BLESSING THAT WOULD keep me wrinkle-free for years. Perhaps, but the flip side is that with oily skin come excess shine and breakouts. So the news of a device said to suck every trace of pore-clogging gunk from the skin seemed too good to be true. Having been disappointed by so many antishine and antiacne regimens, I was hesitant to get my hopes too high, but after one visit with superstar dermatologist Fredric Brandt, M.D., I was a convert. Isolaz is part vacuum (to rid skin of debris) and part laser (to zap acne-causing bacteria). To begin, my face was steamed for 15 minutes. The charismatic Dr. Brandt entered the room singing, which made me feel like we were already friends. After assessing my skin (oily, acne-prone), he got to work, moving the Isolaz wand over my face. First came suction (strong, but not painful), followed by a zap of light (warm), then on to another section of my face. Ten minutes later, Dr. Brandt held a mirror up to my face. My skin actually glowed, and my pores looked shockingly clear. Over the next few days, I stopped wearing foundation and started getting compliments on my skin for the first time ever. Isolaz is not inexpensive—but so worth it. After my first session, I saw a huge improvement; after four treatments, I had the skin I'd dreamed of having for the last 15 years.

—Amber Furst, associate lifestyle and reception editor

Isolaz with Fredric Brandt, M.D., \$500,
drfredricbrandt.com. For more info, visit isolaz.com