

APRIL 2008

Good Housekeeping

SAVE
ON
TAXES
p. 125

SPRING CLEAN!

48 WAYS TO
Cut Clutter and
Freshen Up Everything

WIN! A MAID FOR A YEAR!

Easy, Do-Ahead
Desserts
The Best Tastes of Spring

7 Ways To
Burn Fat FASTER!

Plus: 6 Metabolism Mistakes

GET RICH THIS YEAR

20 Simple Money-Saving
Secrets, p. 115



A Breakthrough Treatment for Breakouts

If you've tried everything and are still seeing red, consider Isolaz Deep Pore Lazr Therapy, an FDA-approved, in-office combo of light (to kill acne-causing bacteria) and a pore-clearing vacuum. In a company-sponsored test, 64 percent of intractable-acne sufferers had more than 75 percent clearance after four treatments. While it's pricey (\$300 to \$500 per session), patients see improvement within 24 to 48 hours of the first treatment, and full results after four or five sessions, says Miami- and New York City-based dermatologist Fredric Brandt, M.D.